

Streamline Clinics Ltd (Trading as Streamline Surgical)

Job Description

Job Title:	Specialist Bariatric Dietician
Line Manager:	General Manager/Lead Dietician
Location:	The Sudbury Clinic, BMI Clementine Churchill Hospital, Sudbury Hill, Harrow, HA1 3GW
Hours	Part time post 2 days, 15 hrs (full time 5 days 37.5 hours per week)
Salary	Pro rata of full time salary £36 050 (£14 420)
Date:	TBC

Streamline Clinics Ltd

Streamline Surgical was set up in 2006 by renowned specialist bariatric surgeons Mr Shaw Somers and Mr Guy Slater. A well established, dedicated provider of weight loss surgery and non surgical services. Based in several locations through the south and south west of the country, including London, Portsmouth and Chichester, with its head office base in The Sudbury Clinic in Harrow. Mr Shaw Somers is on the current BOMSS sub-committee for clinical services and professional standards, having been president of BOMSS up until 2019 and with regularly appearances in the media. Most of the specialist surgeons at Streamline Surgical train other surgeons across major NHS specialist centres in the UK and internationally.

Streamline dietitians are located at each centre.

Purpose of Job

This role provides dietetic responsibilities and duties to Streamline Surgical patients and Partners.

Clinical and Professional Deliverables Required:

- To provide clinical nutrition and dietetic expertise to in-patients and out-patients attending the centre through formulation of treatment and educational plans together with dietary intervention, with evidenced based plans following the interpretation of anthropometric indices, assessment of eating behaviour, interpretation of biochemical and nutritional markers.
- Counsel patients on pre and post bariatric surgery nutrition issues and healthy eating habits with a strong focus on patient centred care, empathy and evidence based advice including a full holistic approach, to cover all areas that may affect a patient's care, including spiritual, religious, cultural, social and financial needs.
- To practice within the Health and Care Professions Council (HCPC) guidelines and Standards of conduct, performance and ethics and Standards of proficiency for dietitians and the British Dietetic Association's (BDA) professional Standards and code of conduct, covering consent, confidentiality and equal opportunities.
- Complete initial assessments and follow up appointments using established proformas to assess suitability for bariatric surgery or other intervention and to identify appropriate surgery types according to dietetic findings. Liaise with MDT on summary conclusions and issues of concern.
- Take responsibility for the education of patients in terms of their nutritional needs, energy-restricted diets and post operative diets in those undergoing surgery and their carers.

- Work closely with the specialist nurse, dietetic colleagues, surgeon and administration team throughout the patient pathway.
- Analysis of blood results and formulate actions required.
- Assess patients' dietary intake with recall knowledge on macro and micronutrients and relate to requirements.
- Develop meal plans within dietetic consult, taking both cost and patients' preferences into account
- Evaluate the effects of meal plans, supplements and other interventions and change the plans as needed
- Conduct both virtual and face to face consultations
- Communicate and translate highly complex information to patient at the appropriate level and format, including verbal and written, identifying and addressing barriers, including language, educational or cultural barriers, at times with use of interpreters.
- Working with the Lead Nutritionist and colleague dietitians to develop and assist in evolving Streamline Surgical's dietetics and protocols.
- Keep up with the latest nutritional science research, including attending training days.
- Yearly membership of British Dietetic Association and HCPC.
- To use national guidelines, clinical protocols, current research and patient information in formulating best practice.
- Write reports to document patient progress on electronic patient record database.
- Initiate and complete audits to improve department outcomes and patient care.
- Identify department gaps and communicate any areas of concern and areas to improve within department.
- Initiate correspondence within reasonable timeframes to GPs, consultants or other professionals as needed to document, refer or request actions for patient care.
- Ability to travel to regional centres to offer 'in person' consultations.

Person Specification

Skills and Experience

- Appropriate level of dietetic qualification – see person specification table below
- At least five years dietetic experience
- At least two years bariatric dietetic experience

Personal Attributes

- Possess a mature, confident and caring manner.
- Empathy
- The ability to interact well with patients and colleagues from a wide range of backgrounds
- Excellent interpersonal and communication skills are essential
- Have an understanding and patient nature.
- Excellent analytical skills
- Excellent Organisational Skills

This job description is a reflection of the present position and is subject to review (on consultation with the post holder) and alteration in detail and emphasis in the light of future changes or development

Person Specification:

HOW WILL CRITERIA BE ASSESSED?

APPLICATION / TEST OR PRESENTATION / INTERVIEW / REFERENCES

Requirements	Essential/ Desirable	A	T	I	R
Knowledge & Qualifications					
Four year degree in Nutrition and Dietetics or equivalent	E	x			
HCPC registered	E	x			
Member of the British Dietetic Association	D	x			
Training in behaviour therapy, behaviour change and motivational interviewing	D	x			
Understanding of holistic approach to patient care: cultural, spiritual, emotional, financial, social, educational needs of patients	E	x		x	
Sound nutritional knowledge of components of foods and diets, good and macro and micro nutrient recall.	E	x		x	
Experience					
5 years post registration clinical experience	E	x			
2 years specialist bariatric consultation experience	E	x		x	
Experience managing own case load	E	x		x	
Sound knowledge of current issues relating to dietetics of obesity and patient care within this specialist group	E	x		x	
Involvement in relevant specialist interest groups eg British Obesity and Metabolic Surgery Society (BOMSS)	D	x			
Skills and abilities					
Good patient consultation skills with relevant experience	E	x		x	
Excellent verbal and written communication skills Required to communicate, establish and maintain relationships, communicate unpleasant news sensitively and provide counselling and reassurance	E	x		x	
Experience of multidisciplinary teamwork	D	x		x	
Proven ability to communicate well using a variety of methods to professionals, non professionals and patients	E	x		x	
Flexible and adaptable to working alone or with different groups	E	x		x	
Able to make nutritional analysis from patient diet intake.	E	x		x	
Able to formulate general meal plans meeting requirements within dietetic consult	E	x		x	
Personal Behaviours and Attitudes					
Ability to reflect/question/evaluate own practice	E			x	
Proven organisational skills	E			x	
Good social skills, welcoming and empathetic	E			x	
Kind, friendly, respectful, professional	E			x	
Team worker, articulate	E	x		x	

Health, safety and security					
Knowledge and understanding of clinical governance and risk management and relevance to dietetics	E	x		x	
Awareness of need for confidentiality and issues of consent	E	x		x	
Good knowledge and proven ability to work within HCPC Guidelines and Standards of Conduct, Performance and Ethics and Standards of Proficiency for dietitians	E	x			x
Quality and service improvement					
Experience in dietetic departmental protocols and structures	D	x			
Information collection and analysis					
Anthropometry skills	E	x			
Ability and willingness to conduct audit and or research	E	x		x	
Critical appraisal skills of clinical and professional documents	E			x	
Computer literacy	E	x			
Equality and Diversity					
Awareness of equal opportunities and diversity	E	x		x	
Other requirements					
To manage the physical effort of full out patient clinics, sitting at consultation desk with minimal short comfort breaks	E	x			
To self manage and coordinate outpatient clinic with inpatient visits, blood analysis and dietetic administration emails.	E	x		x	
A level of general health, hand eye coordination, sensory skills (sight, hearing, touch, taste, smell), dexterity, manipulation, requirements for speed and accuracy, keyboard work	E	x		x	